Effect of the Neuropeptide Substance P on the Rat Bone Marrow-Derived Osteogenic Cells In Vitro

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Abstract Substance P containing, thin, sensory nerve fibres have been demonstrated in bone and bone marrow. However the role of substance P in bone tissue is not fully understood. We investigated the effects of substance P on the growth and development of rat bone marrow-derived osteogenic cells in vitro. To examine this, the marrow-derived osteogenic cells were treated from 3rd to 6th day of subculture with substance P at concentrations 10^{-10} , 10^{-9} and 10^{-8} M. [³H]-thymidine, L-2,3-[³H]-proline incorporation, protein accumulation, alkaline phosphatase activity, and calcium deposition were measured in cultures. Substance P slightly stimulated [³H]-thymidine incorporation at 10^{-10} M. Protein accumulation and L-2,3-[³H]-proline incorporation were enhanced in a dose dependent manner. Simultaneous application of spantide, a substance P receptor antagonist, could not block substance P-induced L-2,3-[³H]-proline incorporation at significant effect of spantide itself. Calcium deposits were significantly lower (about 30%) in cultures treated with SP. This effect was probably due in part by the fall in alkaline phosphatase activity which in substance P treated cultures was decreased about 17%. Our results indicate that substance P could be one of the factors modulating bone metabolism. J. Cell. Biochem. 81:499–506, 2001. © 2001 Wiley-Liss, Inc.

Key words: substance P; osteogenic cells; mineralization; alkaline phosphatase; dexamethasone

Substance P (SP) is an 11-amino acid neuropeptide present in thin, nonmyelinated afferent nerve fibres conducting pain and information about intense thermal, mechanical, and chemical stimuli that have the potential to cause tissue damage. The SP-positive nerve fibres are widely distributed not only in the brain and spinal cord, but also in many organs such as skin, intestine and immune system [Pernow, 1983; Bost and Pascual, 1992] usually beside the peripheral capillaries. Furthermore immunohistochemistry has revealed the presence of sensory fibres containing SP in bone tissue including bone marrow [Bjurholm et al., 1990; Bjurholm, 1991; Hukkanen et al., 1992b; Sisask et al., 1995; Goto et al., 1998]. They were particularly abundant in regions of high osteogenic activity, such as the growth plate [Hukkanen et al. 1992b]. In the course of bone fracture healing in a rat bone fracture model, the SP-positive nerve fibres were found to em-

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erge with capillaries in newly proliferated bone tissue (callus) around the broken area [Rusanen et al., 1987; Madsen et al., 1998]. It seems therefore possible that SP can influence local metabolic processes in bone tissue.

The effect of SP on bone metabolism is still scarcely understood. Recently, this neuropeptide has been shown to stimulate bone resorption activity of rabbit osteoclasts [Mori et al., 1999]. There are also some earlier reports suggesting an influence of SP on the osteoclast function [Sherman and Chole, 1995]. The possible effect of SP on the bone formation activity of osteoblasts is unknown. Bjurholm et al. [1992] has demonstrated that SP has no effect on the cellular content of cyclic AMP in various osteoblast-like cells in vitro. This result, however, can indicate the lack of utilisation of cAMP as a second messenger but does not exclude other possible pathways of SP signalling.

Bone marrow has been recognised as the source of osteoprogenitor cells. It has been demonstrated that bone marrow stromal cells cultured in vitro, can be induced with dexamethasone to differentiate along the osteoblast lineage [Maniatopoulos et al., 1988; Leboy et al., 1991; Kamalia et al., 1992; Vilamitjana-Amedee et al., 1993; Cheng et al., 1994; Peter et al.,

Grant sponsor: BW grant from Institute of Zoology UJ.

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Received 5 July 2000; Accepted 5 October 2000

This article published online in Wiley InterScience, February XX, 2001.

1998]. They express an osteogenic phenotype and produce mineralized bone-like tissue. The aim of this study was to investigate the effect of SP on the rat bone marrow derived osteogenic cells activity in vitro.

MATERIALS AND METHODS

Materials

Foetal calf serum (FCS) was purchased from Bioproduct GmbH (Germany). α -Minimum Essential Medium (α MEM) was from Gibco, B.R.L. (Gaithersburg, MD); tissue culture dishes were purchased from Nunc (Roskilde, Denmark). Substance P, dexamethasone, ascorbic acid and penicillin were obtained from Sigma. β -Glycerophosphate was from Merck (Darmstadt, Germany). [³H]-thymidine (1.08 mCi/ml) was from Chemapol (Czech Republic) and L-2,3-[³H]-proline (390 mCi/mg) was purchased from Amersham Radiochemicals (Buckinghamshire, UK). All other materials used were reagent grade and were obtained from commercial sources.

Cell Culture

Bone marrow was obtained from young adult male rats of the Wistar strain, age 28-30 days and weighing 100-120 g. The femora were excised aseptically, cleaned of soft tissues and the ends of the bones were removed. Bone marrow was flushed out and the cell suspension was prepared by repeatedly aspirating the cells through the 20 gauge needle. Cells were seeded in 25 cm^2 flasks, 4×10^7 cells/flask. The nonadherent hematopoietic cells were removed after the first 2 days of culture. The cultures were grown in α MEM supplemented with 10% FCS, ascorbic acid (50 μ g/ml), β -glycerophosphate (10 mM), penicilin (120 u/ml), dexamethasone (10^{-8} M) . Cultures were incubated in a humidified atmosphere of 5% CO₂ in air at 37°C and medium was changed twice a week. After 10 days in primary culture, bone marrow stromal cells were trypsinized, counted, seeded in 24-well plates at a plating density of 4×10^3 cells/cm² and fed the same medium. These firstpassage cultures were treated with SP and served for the assays.

Confirmation of Mineralization in Cultures

Alkaline phosphatase was histochemically detected in cultures [Lojda et al., 1979]. The

mineralization of the cell layer in subcultures was revealed by light microscope. The calcium deposits were further confirmed by von Kossa staining [Bellows et al., 1992] and analysed by X-ray microanalysis. To analyse the mineral deposited in cultures, first passaged cells were seeded onto 10-mm coverslips. After 5 weeks the cultures were washed three times with PBS, then fixed in 2.5% glutaraldehyde and dehydrated in graded concentrations of ethanol (30–100%, twice for 10 min at each concentration). The coverslips containing fixed cells were air dried and coated with carbon. The levels of Ca and P in densely mineralized, thick areas were analysed using scanning microscope JEOL JSM-5410 equipped with an energy dispersive spectrometer (NORAN Instruments). The accelerating voltage was 20 keV and the beam current was 1 nA.

Treatment of Cells With SP

SP and SP-receptor antagonist spantide were dissolved in endotoxin-free distilled water to a final concentration of 10^{-4} M, then were aliquoted in siliconized microcentrifuge tubes and stored at -70° C. Immediately before use SP and spantide were diluted to the appropriate concentration in serum-free culture medium. SP and spantide were used within 2–3 weeks after being solubilized.

Bone marrow-derived osteogenic cells were stimulated with SP at concentrations 10^{-10} . 10^{-9} and 10^{-8} M. The concentrations were chosen on the base of previous studies, indicating that this range of SP exerted optimal effects on bone marrow stromal cells in vitro [Rameshwar et al., 1993, 1997; Rameshwar and Gascon, 1995]. Cells were stimulated for 4 days, from the 3rd day of subculture. During the treatment period, the culture medium was changed every 24 h and SP in appropriate concentration was readded to the wells. Cultures were stopped 24 h after the last treatment. Then protein content, amount of incorporated isotopes ([³H]thymidine and L-2,3-[³H]-proline) and alkaline phosphatase activity were assayed. Cultures to be assayed for the level of deposited calcium were stopped 14 days after the last SP treatment.

[³H]-Thymidine Assay

Cellular proliferation was monitored by quantifying DNA synthesis through the incorporation of [³H]-thymidine. Marrow-derived osteogenic cells were treated with SP from 3rd to 6th day of subculture. On the last day of treatment, just after the last dose of SP, 1μ Ci of [³H]-thymidine was added to each well. After 24 h the cells were fixed with the mixture of acetic acid and methanol (3:1) for 1.5 h. Then the mixture was aspirated, the cell layer was washed twice with 80% methanol, dried and solubilized in 0.5 M NaOH (0.5 ml/well). The quantity of isotope incorporated in proliferating cells was measured in a liquid scintillation counter. Data were expressed as counts per 2 minute 5.

Protein Concentration

Effect of SP on protein synthesis in cultures was examined by studying the incorporation of L-2,3-[³H]-proline. Cultures were treated with SP from 3rd to 6th day of subculture. On the last day of treatment 1 μ Ci of L-2,3-[³H]-proline was added to each well for 24 h. Thereafter, the cultures were fixed, washed, solubilized and counted as described for [³H]-thymidine incorporation. Protein in the cell layer was also measured by the Coomassie blue method of Bradford [1976], using the BSA as standard.

Alkaline Phosphatase Activity

Cultures were washed three times with PBS and scraped with a cell scraper into $250 \,\mu$ l of 10 mM Tris-HCl buffer pH 7.5, containing 10 mM MgCl₂ and 0.1% Triton X-100 and stored at $-20^{\circ}C$ about a week. Alkaline phosphatase activity was assayed in cell lysates by determining the release of *p*-nitrophenol from *p*nitrophenyl phosphate at 37°C and pH 10.1. The substrate solution contained 7 mM pnitrophenyl phosphate in glycine buffer of pH 10.1 supplemented with 2 mM MgCl₂. After 30 min at 37°C the reaction was stopped by 0.5 ml 0.5 M NaOH [modified after Cheng et al., 1994]. Enzyme activity was expressed as nanomoles of p-nitrophenol per mg protein per minute incubation time.

Deposited Calcium Level

Cultures were treated with SP or vehicle from 3rd to 6th day of subculture. Two weeks after the last treatment, the medium was removed and the cells were washed twice with PBS. Then 0.4 ml of 2M HCl was added to each well and cells were incubated for 48 h in 37°C. Appropriately diluted samples were measured by atomic absorption against standard samples of known calcium concentrations.

Specificity of SP Action

To determine the specificity of SP action, control experiments with cultures preincubated with the SP-receptor antagonist—spantide ([D-Arg¹, D-Trp^{7,9}, Leu¹¹]-substance P, [Seelig, 1990]) were performed. Cells were treated with SP at concentration 10^{-8} M for 4 days; 10 min before every SP dose, spantide $(10^{-6}$ M) was added to the wells. Control cultures were fed medium containing spantide 10^{-6} M alone, SP 10^{-8} M alone or vehicle. Incorporation of L-2,3-[³H]-proline by cultures used in this part of experiment was measured.

Statistical Analysis

All the experiments were repeated two or three times using bone marrow stromal cells obtained from different rats. Results are presented as mean \pm standard deviation (SD) from 5–6 measurements. They were compared using one-way analysis of variance (ANOVA), followed by Tukey, aposteriori test except the part of experiment with antagonist spantide when two-sample analysis was applied. P < 0.05 was considered statistically significant.

RESULTS

Cells in Culture

Bone marrow cells in primary culture formed fibroblastic colonies, each of which was derived from a single cell of the stromal component of the bone marrow. Primary cultures reached confluence in two weeks. Secondary cultures became almost confluent by day 11 of the subculture. At days 14-15 of the subculture dense clusters of polygonal cells were formed at several places on the bottom of culture dishes. These clusters formed with time three-dimensional nodular structures that began to mineralize. The mineralized nodules could be easily identified with the naked eye. Staining with von Kossa method, specific for calcium phosphate showed these nodules to be definitely mineralized; staining for alkaline phosphatase demonstrated very high alkaline phosphatase activity in cells surrounding nodules (results not shown). Energy dispersive X-ray microanalysis showed prominent energy peaks for calcium and phosphorus, as well as secondary

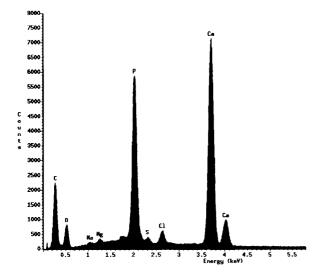


Fig. 1. Energy dispersive X-ray microanalysis spectrum showing prominent energy peaks for calcium and phosphorus.

peaks for sulphur and chlorine (Fig. 1). The Ca:P ratio was calculated:

Ca: P ratio	bone hydroxyapatite theoretical value based on the chemical formula: Ca ₅ (PO ₄) ₃ OH	1.67
	in vitro nodules	1.70

These results suggested that the mineralized area of the nodules mainly consisted of calcium phosphate.

Effect of SP on Cell Growth and Protein Synthesis

SP added to the culture medium from 3rd to 6th day of subculture slightly enhanced marrow-derived osteogenic cell proliferation. Statistically significant (P < 0.05), maximal stimulation (about 19%) compared with cultures incubated without the neuropeptide was obtained at concentration 10^{-10} M SP. Higher concentrations of SP had no significant effect on marrow-derived osteogenic cell proliferation (Fig. 2).

SP stimulated protein synthesis in cultured marrow-derived osteogenic cells in a dose dependent manner (Fig. 3). Total protein content increased simultaneously with the SP concentration to reach values 24% higher than in the control group for the most potent concentration of SP— 10^{-8} M.

Proline incorporation assay showed similar results. As shown in Figure 4, SP enhanced the

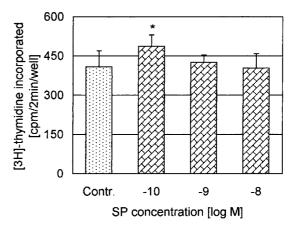


Fig. 2. Effect of substance P on $[^{3}H]$ -thymidine incorporation in marrow-derived osteogenic cell cultures. *P < 0.05.

rate of L-2,3-[³H]-proline incorporation in a dose dependent manner. The values obtained for 10^{-9} M and 10^{-8} M SP were respectively 23% and 28% higher than for the control cultures, the differences were statistically significant (P < 0.05; P < 0.01).

Effect of SP on the Expression of Differentiated Osteoblast Functions

The rate of Ca deposition by the marrowderived osteogenic cell subcultures after the treatment with various concentrations of SP is shown in Figure 5. SP added to the culture medium lowered the level of mineralization. The most significant effect was observed at concentration of SP 10^{-9} M (the Ca content/well was 55% lower than in the control group).

Alkaline phosphatase is concerned as one of main factors in the mineralization process. Cells in subculture expressed high alkaline phosphatase activity (164.9 nmol/min × mg protein in the control groups). Treatment of first passaged marrow-derived osteogenic cells with SP for 4 days resulted in a decrease in the activity of the enzyme (P < 0.01). All applied concentrations of SP exerted similar effect; the alkaline phosphatase activity fell about 16% when compared to the control group (Fig. 6).

Specificity of the SP Action

To determine the specificity of the stimulating action of SP we performed control experiments with cultures preincubated with SPreceptor antagonist—[D-Arg¹, D-Trp^{7,9}, Leu¹¹]substance P named spantide.

Spantide (10^{-6} M) added to the culture medium caused by itself a slight but statisti-

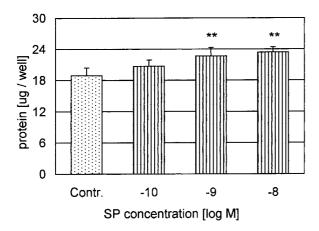


Fig. 3. Protein content in marrow-derived osteogenic cell cultures treated with substance P. **P < 0.01.

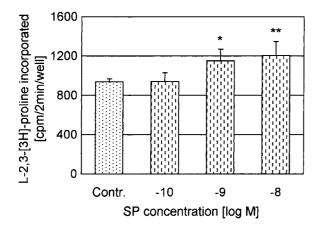


Fig. 4. Effect of substance P on L-2,3-[³H]-proline incorporation in marrow-derived osteogenic cell cultures. *P < 0.05, **P < 0.01.

cally significant (P < 0.05) stimulation of L-2,3-[³H]-proline incorporation (Fig. 7). Stimulatory effect induced by 10^{-8} M SP (the concentration of SP most potent in L-2,3-[³H]-proline incorporation) was slightly reduced by spantide, but the reduction was not statistically significant.

DISCUSSION

Osteoblasts and their progenitors in bone marrow may be exposed to relatively high local concentrations of SP from several sources: SP released from peripheral afferent nerve endings [Hukkanen et al., 1992a], circulating SP [Nilsson et al., 1975], SP released from endothelial cells [Ralevic et al., 1990] or macrophages [Pascual and Bost, 1990]. The role of SP in bone tissue is not exactly known. In previous experiments, chemical sympathectomy has been

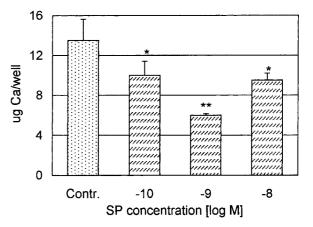


Fig. 5. Level of mineralization in marrow-derived osteogenic cell cultures treated with substance P. *P < 0.05, **P < 0.01.

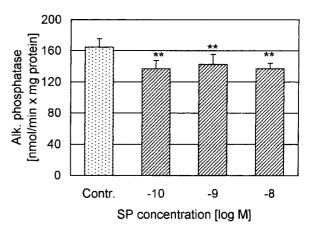


Fig. 6. Alkaline phosphatase activity in marrow-derived osteogenic cell cultures treated with substance P. **P < 0.01.

shown to lead to both an elevated peripheral SP [Cole et al., 1983] and increased bone resorption [Sandhu et al., 1987, 1990; Hill, 1991]. The stimulation of bone resorption has also been reported by Sherman and Chole [1995], who demonstrated that adding SP (10^{-8} M) to the culture medium induces a significant degree of calcium release from the cultured neonatal calvaria. Mori et al. [1999], has demonstrated SP to increase the intracellular calcium concentration and enhance the bone resorption activity of rabbit osteoclasts cultured in vitro. Recently capsaicin-induced sensory denervation has been shown to reduce osteoclastic resorption in adult rats [Adam et al., 2000]. According to the cited literature SP seems to influence osteoclastic activity. However, the effect of this neuropeptide on osteoblast activity has not been fully investigated yet. The

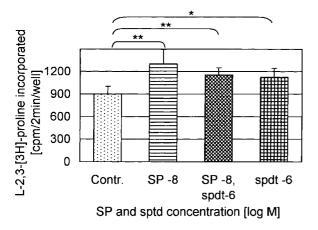


Fig. 7. Effect of substance P-receptor antagonist—spantide (spdt) on proline incorporation in marrow-derived osteogenic cell cultures. Groups were compared each with each using two-sample analysis. Three groups were found significantly different from the control group, as was shown; *P < 0.05, **P < 0.01. There was no statistically significant difference when groups (SP-8) with (SP-8 + spdt-6), (SP-8) with (spdt-6) or (SP-8 + spdt-6) with (spdt-6) were compared.

expression of SP-receptors on osteoblastic cells remains controversial. Three types of receptors for tachykinins (SP is a member of that peptide family) have been described: NK1, NK2 and NK3. SP can bind to each of the receptors, but with decreasing affinity NK1 > NK2 > NK3. Togari et al. [1997] has shown that SPreceptors mRNA is not expressed in human osteoblasts as well as in osteosarcoma cells in vitro, but the type of the SP receptor studied was not specified in that paper. Recently, Goto et al. [1998] studying the distribution of immunoreactivity for NK1-Rs in the rat bone has found numerous immunoreactive products for NK1-Rs in osteoclasts and a small number of weak, punctate products in osteoblasts and osteocytes close to the plasma membrane.

Present experiments were designed to characterise the effect of SP on growth and development of marrow-derived osteogenic cell cultures. To do this we used the culture system supporting the growth of bone marrow stromal cell population that expressed the osteogenic phenotype and produced mineralized, bonelike tissue in vitro [Maniatopoulos et al., 1988]. The light and scanning microscopic examination of cultures confirmed the high, histochemically detected, alkaline phosphatase activity and formation of a multilayered structure of cells embedded within extracellular matrix, partly mineralized by calcium phosphate. We have demonstrated that SP can slightly stimulate the proliferation and enhance the protein synthesis in marrow-derived osteogenic cell cultures (Figs. 2–4). SP is known as a potent mitogenic factor and it has been shown to induce the proliferation of many cell types including endothelial cells [Villablanca et al., 1994], fibroblasts [Nilsson et al., 1985; Payan, 1989] and synoviocytes [Lotz et al., 1987]. Also fibroblasts from the bone marrow, when stimulated with various SP concentrations $(10^{-13}-10^{-8} \text{ M})$ responded with more intensive proliferation [Rameshwar et al., 1997]. SP was also shown to stimulate de novo protein synthesis in fibroblasts [Kimball, 1990].

Although the exact function of skeletal alkaline phosphatase in vivo is unknown, the enzyme is thought to be involved in bone formation and calcification. In the present experiment we demonstrated that a 17% decrease in alkaline phosphatase activity coincided with fall in the level of culture calcification (Figs. 5 and 6).

Proliferation, protein synthesis, alkaline phosphatase activity and level of mineralization were determined because these markers represent the different stages of osteoblast development. Osteoblasts show a strongly regulated, sequential gene expression pattern, which consists of a reciprocal and functionally coupled relationship between proliferation and differentiation [Lian and Stein, 1995]. At the transition between proliferation and differentiation the downregulation of genes for cell proliferation and collagen synthesis coincides with the onset of expression of previously suppressed genes for matrix maturation and mineralization. Based on the findings of the current study it can be assumed that SP intensifies the proliferation phase by a prolongation of cell growth and matrix production or by inhibition of cell differentiation. This hypothesis is supported by our results: SP reduced the expression of functions typical for differentiated osteoblasts: alkaline phosphatase activity and extracellular matrix mineralization but stimulated cell proliferation and protein synthesis. It is worth to notice that the effect of SP on the proliferation and protein production was opposite and dependent on the neuropeptide concentration. Low concentration (10^{-10} M) enhanced cell proliferation but did not change the protein synthesis; higher concentrations $(10^{-9} M, 10^{-8} M)$ significantly supported protein production but did not influence the cell proliferation. It may reflect the fact of linkage of extracellular matrix formation induction to the downregulation of proliferation and suggest that concentration of SP (or factors induced by the neuropeptide) may give the signal to go to determined step in cell developmental sequence.

To examine the specificity of SP action we determined the response of marrow-derived osteogenic cells stimulated with the highest SP concentration (10^{-8} M) to spantide, a pantachykinin antagonist [Regoli, 1989] (Fig. 7). Spantide slightly reduced the activation of L-2,3-[³H]-proline incorporation elicited by SP suggesting a competitive inhibition of receptor binding, but was unable to completely block it to background levels. It could be probably explained by the fact, that spantide alone had a statistically significant stimulatory effect, consistent with the previously reported agonistic activity of the SP analogues [Pernow, 1983].

In the present study it was shown that SP has the capacity to stimulate both the growth and protein synthesis of marrow-derived osteogenic cells. This coincided with the decreased capacity of the treated cells to produce bonelike tissue in culture. Since bone tissue is innervated by fibres containing SP, it is suggested that this neuropeptide may affect bone growth and remodelling in vivo, acting together with other regulating factors.

ACKNOWLEDGMENTS

The Authors thank Mrs. Ewa Gansiniec for taking care of animals and Ms. Urszula Klaput for technical assistance.

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